



PHONG TRÀO THIẾU NHI THÁNH THỂ VIỆT NAM TẠI HOA KỲ
The Vietnamese Eucharistic Youth Movement in the U.S.A
BAN CHẤP HÀNH TRUNG ƯƠNG | NATIONAL EXECUTIVE COMMITTEE
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MEMORANDUM

N20-003

February 9th, 2020

To: League of Chapters Chaplains and League of Chapters Executive Committees
Chapter Chaplains, Chapter Executive Committees and Youth Leaders

Subject: Lent in Reverse 40-Day Spiritual Journey

Dearest Chaplains and Youth Leaders:

Along with the Chaplains at the National Headquarters, the National Executive Committee extends to you greetings of peace and love in Christ's most Sacred Heart.

As we prepare for Lent, a time of spiritual renewal, let us make time to renew our relationship with Christ through contemplative prayers, reflection and almsgiving. Particularly with this Lent, all Vietnamese Eucharistic Youth Movement (VEYM) members are invited to fast in a unique way, that is, instead of *giving something up*, let us *take something on* that will drive us and people we interact with every day closer to Jesus.

Beginning Ash Wednesday, all Chapters are invited to join the National Executive Committee, Leagues of Chapters and Chapters across the country to partake in the Lent in Reverse 40-Day Spiritual Journey. Please see attachment and follow instructions as outlined. It is important that Chapters make time weekly together during the Lent season to **read, wonder, act, and pray**, and to remind the youth to do so daily at home. A calendar to assist the youth and families to journey with the saints this Lent is also attached. For inquiries regarding the implementation of this year's Lenten Journey, please contact the National Executive Committee via Tr. Elizabeth Chi Phạm, Liturgical Committee Lead, at liz.c.pham@veym.net.

The National Executive Committee encourages all League of Chapters and Chapters Executive Committees to disseminate the information widely. Please make effort to promote opportunities for all members to actively live Lent this year so that we may grow closer to Jesus and connect with His suffering, His love and His saving grace in a deeper way.

May Christ in the Eucharist through the intercession of Our Lady of La-Vang bless you always.

Yours in the Eucharist.

Attested,

Fr. Francis Xavier Nguyễn Thanh Bình, SVD
General Chaplain

Tr. Đaminh Hoàng Công Thái Dương
President, National Executive Committee